

## Human Energy: the Key to Leading, Learning & Innovation

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### Abstract:

Half way through a 50 year business career I discovered the blindingly obvious – that my personal energy was the key determinant of my effectiveness. When my energy went up, my performance soared; when my energy sank, my outcomes slumped. I discovered, too, that my energy affects others and theirs affects mine. So human energy is exponential. This is true of both positive and negative energy. At about the same time I found myself living in a Quantum World, and I began to believe that Apartheid would inevitably come to an end. Everything changed for me as I sought to become an effective leader in a strange new world. I share that part of my journey with all its wisdom of History, Old Cultures and Nature, so rich and proximate in Africa. Each of these resonates comfortably with New Science.



I am driven by the words of Oscar Wilde who said: “To live is the rarest thing in the world; most people just exist, that is all”. Everyone in the audience knows from personal experience what works and what definitely does not work when we try to get things done, whether personally, in relationships, in teams or in organisations. Thousands of books have been written about leadership – and tens of thousands of articles – yet there still seems to be a desperate shortage of leaders, especially those who can understand and harness the magic of a Quantum World. I hope to be able to share the simplicity on the other side of complexity which will enable everyone to live more fully, personally enhancing the lives of those around them and the organisations in which they work or which they lead.

### Speaker:

Colin Hall has had a varied journey. Education at 13 different schools gave him an appetite for change. A miner, a lawyer, a brewer leading South Africa’s largest brewing business, a business consultant, a director of public companies, a shopkeeper in charge of a large retail conglomerate and a teacher – each phase a new and exciting learning experience.

An active participant in the change from an extreme autocracy to a model democracy has allowed Colin to become truly African.

Passionate about people, fascinated by Nature, a prolific reader and journal writer, and quiet time before dawn to reflect – have all allowed deep philosophic and practical insight.